

Hannam Vale Public School

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Education
Public Schools

Through this gate walk the nicest people in the world

Term 4 Week 4

4 November 2019

Issue 28



The Star of the Week for Term 4 Week 4
is Hannah Partlett!



For a great bush fire description and
working hard on our musical

What in-school activity are you enjoying the most at
the moment?

Practising for the play

What is your favourite subject at school and why?

Art – because I get to express my ideas

What project are you working on in class?

Natural disasters. We are describing bush fires at the moment

If you could speak any other language fluently, which
would you choose?

Latin. I already know the word for Lavender - Casia

Do you have any pets? Tell us about one ...

Elsa my chicken. She has white feathers. Once she got bitten by the dog because she tried to steal his food!

If you were stranded on a deserted island and had
plenty of food, water and shelter, what are three
additional things you would want to take?

Dogs, weapons and a big fancy yacht!

What is the biggest dream you have for the future?

To travel around the world

Coming Events

Friday 8 November	Assembly
Friday 15 November	Kitchen Garden – no lunch provided today
Wednesday 20 November 10am	School Musical Matinee Performance
Wednesday 20 November 6pm	School Musical Evening Performance

NSW Primary Principal Association Annual Conference

It is great to be back this week after attending the NSW Primary Principal Association Annual Conference, a huge week of professional learning in Sydney. The high quality speakers covered the latest research and a wide range of topics that included digital technologies, school learning cultures and wellbeing.

Bushfire Emergency Management Plan

The Rural Fire Service are holding a presentation and workshop today for schools in the area to talk bushfire plans. Mrs Dennis is in attendance, representing HVPS, to evaluate our Bushfire Emergency Management Plan.

Working Bee – we need you!

On Friday 22nd November at 3pm we will be holding a working bee in the school kitchen. If you can volunteer a couple of hours of your time to help to clean and restock the school kitchen please let Gemma know.

The kitchen is an important part of our Kitchen Garden program and needs a little TLC, we appreciate your help!



Mosquitos

Just a reminder, if you would like your child to be able to self-administer mosquito repellent or over the counter bite cream throughout the day please provide your own clearly labelled products to be kept in their school bags .

We ask that you please choose natural products which are safe to use in the school environment and refrain from using any products containing chemicals such as DEET. Aerosols and sprays are not permitted.

Stephanie Alexander Kitchen Garden Report

It was a case of Gardening inside the classroom and a little bit outside!



Emily and Isla were involved in construction of seed shakers with Mizuma, Minutina, Gai Choy and Endive seeds. They then combined with Javier and Shayla who made small recycled “pots” to plant the seeds. In the meantime – Laura, Andie, Mark and Eli painted two large terracotta pots for “Avonlea” Lavender plants, Emily W. assembled little bags of Lavender for our produce cart!

Emily and Isla also got involved in some serious measuring fun to make two 500mls of Bug Spray.





Prior to the Session, students participated in the great Beetroot and Basil Harvest! Beetroot were then made into Beetroot Relish for the table and for sale on the produce cart! I might add - the Beetroot Relish has been deemed DELICIOUS!!



Our Kitchen Group – the Eggplants, got very busy cooking Beetroot Relish, Polenta Muffins and delicious individual Quiches using HVPS eggs, basil and spinach....





P&C News

Spag Bol

SOLD OUT! Another batch coming soon!

Quote of the week

NOT ALL HEROES WEAR CAPES

Thank you to all of our local volunteer fire fighters who give up their time to help keep communities safe.



Thank you

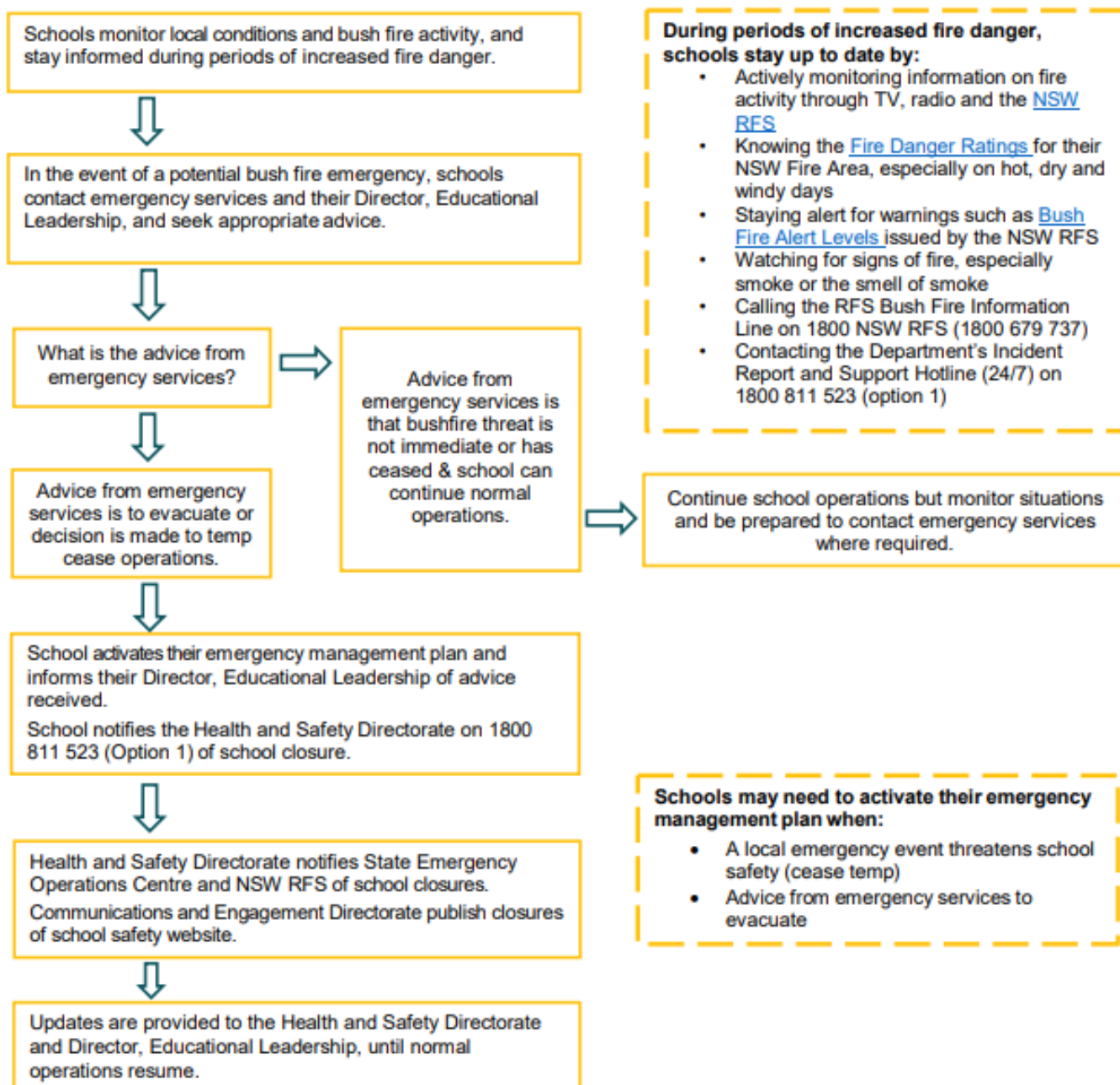
Michelle Dennis, President of HVPS P&C

Term 4 2019

Nov Week 4	4	5	6	7	8 Assembly
Nov Week 5	11	12	13	14	15 Kitchen Garden
Nov Week 6	18	19	20 School Musical Matinee 10am School Musical Evening 6pm	21	22 Assembly
Nov Week 7	25 Intensive Swimming Program ALL WEEK	26	27	28	29 →
Dec Week 8	2 Intensive Swimming Program ALL WEEK	3	4	5	6 →
Dec Week 9	9	10 Presentation Day 10am followed by morning tea at school	11 Yr 6 Farewell Dinner at shop 5.45pm Disco at HV Hall 7pm	12	13 Kitchen Garden
Dec Week 10	16 Combined 3MAPS Christmas celebration	17	18 Last Day for Students	19	20

Communication in the event of local bush fire activity

Health and Safety Directorate



Schools are to refer to the Bush Fire Communication Protocol for detailed information on this communication process.

Good for Kids good for life

WAYS TO BE PHYSICALLY ACTIVE

Why not try these ideas?

There are many ways for children to be physically active and to limit sedentary behaviour every day.



ACTIVE AND FUN

- Encourage children to play active games like obstacle courses, tag, skipping or throwing a ball or frisbee.
- Visit playgrounds, parks, nature reserves, ovals or beaches.
- Get children involved in a variety of different sports and activities.



ACTIVE TRAVEL

- For short trips, walk or ride safely.
- For longer trips, park the car some distance away and walk with children for the rest of the trip.



ACTIVE AT HOME

- Limit time for watching TV and using electronic games.
- Store portable electronic devices out of sight.
- Enjoy a walk with children around your local area.
- Children can help with gardening activities like digging, sweeping or raking.



ACTIVE AND SAFE

- Start slowly and build up the amount and intensity of physical activity.
- Protect children from the sun – ensure children wear sun-protective clothing, including a hat, and apply sunscreen regularly.
- Always supervise children appropriately when in and around water.
- Speak with your doctor or other health professional if your child has a medical condition.

Image source: Department of Health



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